

Yosemite Packing List Suggestions

Food:

- sack lunch for the bus ride
- trail mix, protein bars, apples,
and other nutritious, packable foods
- sturdy **refillable** water bottle(s)
- water filter (optional)
- money (about \$100.00)

Clothing (plan to dress in layers):

- rain gear (poncho, waterproof
jackets/pants, or slicker)
- windbreaker
- sun hat
- warm cap
- light gloves (glove liners)
- hiking boots (broken in and waterproofed)
- sneakers
- socks
- sturdy sandals
- warm jacket
- warm shirt
- tee shirts
- shorts
- long pants (jeans, sweats)
- thermal layers (optional)
- sleepwear
- underwear

Personal Items:

- water bottles
- compass
- personal first aid kit
- prescription medication (get
teacher okay)
- whistle
- sunglasses (with keeper strap)
- prescription glasses (or extra contacts)
- sunscreen (with high SPF)
- insect repellent
- sleeping bag
- pillow
- bandana
- flashlight and batteries
- camera
- fanny pack or day pack
- binoculars
- sewing kit
- journal and pen or pencils
- cards and other games
- acoustic musical instruments
- books (for pleasure reading!)
- Ziploc baggies
- lip balm (with 15+SPF)
- moisturizer (unscented)
- personal toiletries (e.g. contact
lens solution, toothbrush, etc.)
- dirty clothes bag
- mole skin/blister treatment
- watch
- walkie talkie (optional)
- GPS (optional)
- topographical map of Yosemite
(optional)
- duct tape (optional but so useful)

Note: All food and anything with a scent (deodorant, toothpaste, soap, etc.) must be in small airtight containers. These must all be stored in rather small bear lockers.